

## About Us

Mayo Volunteer Centre is the one-stop shop for volunteering, providing services for organisations and individuals in Co. Mayo.

We help community and voluntary organisations to engage and retain volunteers and support them in implementing best practice in volunteer management within their organisations.

The vision of the network of Volunteer Centres in Ireland is to have a vibrant Irish society where every person feels connected to their community, through active participation in voluntary activities.

Our mission is to promote the value of volunteering and increase the range and quality of volunteering in Ireland.

## Contact Us



096 71444



info@volunteermayo.ie



www.volunteermayo.ie



@mayovolunteercentre



@VolunteerMayo



Cathedral Road, Ballina, Co. Mayo,  
F26 K3K0



# GETTING VOLUNTEERS INVOLVED



# What We Can Do For You

## 1. Recruiting volunteers:

It's easy for you to register with the Mayo Volunteer Centre. Through our website, you can sign up with us and start to advertise the volunteer roles you have available.

We promote your volunteering opportunities through I-VOL, the national volunteering database, via our social media channels and directly among our registered volunteers.

## 2. Community Volunteers Programme:

We can provide teams of trained volunteers to support your once-off community activities. This can include local festivals, clean-ups, sporting events and more.

## 3. Support:

We work with local organisations to develop worthwhile volunteer opportunities in Co. Mayo. We are here to answer your questions, meet with you to provide advice and to help you broaden and develop the ways in which you involve volunteers in your work.

To help your organisation to engage volunteers successfully, we have a "toolkit" of resources to guide you along the way. This includes how to write a volunteer policy, how to recruit and screen volunteers, providing induction and training, support and supervision and evaluation and recognition.

## 4. Garda Vetting:

Mayo Volunteer Centre can assist local voluntary and community groups to access Garda Vetting for their volunteers and paid staff. We will guide you through the process and provide training to the organisations who sign up for this service.

## 5. Training:

Through training, workshops and other events we encourage organisations to involve volunteers in a meaningful way, to respect their volunteers and volunteering itself as an activity, and to effectively engage, manage and retain their volunteers.

Here are some of the workshops we can deliver:

1. Volunteer Strategy & Recruitment
2. Supporting, Supervising & Recognising Volunteers
3. Creating Volunteer Role Descriptions
4. The Importance of Having a Volunteer Policy
5. Inclusive Volunteering
6. Dealing with Challenging Behaviours

We can also provide workshops for your volunteers around personal development and health & well-being:

1. Building Confidence & Self Esteem
2. Networking & Communication
3. Planning & Managing Your Time

*All our services are free of charge, with the exception of the Garda Vetting service, which carries a nominal fee.*